

HOCKEY

"For Young Players Aged 12 And Older"

TOP POWER SKATING CAMP 5. – 8. JUNE 2027 Arosa Ice Rink

Top Coaching Team – Herbie Schädler B.E.S.A. Hockey
Andrey Romanov – B.E.S.A. Hockey Skating Coach



The price for the 4-day Power Skating Camp is CHF 950.– per player.
Hotel accommodation and meals are not included in the camp fee

Online Registration: ernst@sismhockey.com Tel: 078-645-7000



B.E.S.A SKATING CAMP

HOCKEY

POWER SKATING CAMP

AROSA 5.6 – 8.6.2027

Daily Programs – Friday/Saturday, June 4/5, 2027

Friday, 4.6.2027

From 18:00	Access to the ice rink locker room
From 20:00	Dinner only for hotel guests

Saturday, 5.6.2027

From 07:30	Breakfast only for hotel guests
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Morning Training

09:00 – 09:30	Welcome / Theory / Warm-Up
10:00 – 11:00	Skating Training with Andrey & Herbie
11:00 – 11:15	Ice Resurfacing
11:15 – 12:00	Skating Training with Andrey & Herbie
12:15 – 12:45	Cool Down
13:15 – 14:00	Lunch only for hotel guests

Afternoon Training

15:45 – 16:15	Warm-Up
16:45 – 17:45	Skating Training with Andrey & Herbie
17:45 – 18:00	Ice Resurfacing
18:00 – 18:45	Skating Training with Andrey & Herbie
19:00 – 19:30	Cool Down
20:00	Dinner only for hotel guests

MORE INFO:
SISM HOCKEY
www.sismhockey.com
ernst@sismhockey.com



SIHF Certified
Since 2016



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POWER SKATING CAMP

AROSA 5.6 – 8.6.2027

Daily Programs – Sunday, June 6, 2027

Sunday, 6.6.2027

From 07:30

Breakfast only for hotel guests

Morning Training

09:00 – 09:30

Theory / Warm-Up

10:00 – 11:00

Skating Training with Andrey & Herbie

11:00 – 11:15

Ice Resurfacing

11:15 – 12:00

Skating Training with Andrey & Herbie

12:15 – 12:45

Cool Down

13:15 – 14:00

Lunch only for hotel guests

Afternoon Training

15:45 – 16:15

Warm-Up

16:45 – 17:45

Skating Training with Andrey & Herbie

17:45 – 18:00

Ice Resurfacing

18:00 – 18:45

Skating Training with Andrey & Herbie

19:00 – 19:30

Cool Down

20:00

Dinner only for hotel guests

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POWER SKATING CAMP

AROSA 5.6 – 8.6.2027

Daily Programs – Monday, June 7, 2027

Monday 7.6.2027

From 07:30

Breakfast only for hotel guests

Morning Training

09:00 – 09:30

Theory / Warm-Up

10:00 – 11:15

COMPEX -CHL/NHL On-Ice Testing

11:15 – 12:00

Skating Training with Andrey & Herbie

12:15 – 12:45

Cool Down

13:15 – 14:00

Lunch only for hotel guests

Afternoon Training

15:45 – 16:15

Warm-Up

16:45 – 17:45

Skating Training with Andrey & Herbie

17:45 – 18:00

Ice Resurfacing

18:00 – 18:45

Skating Training with Andrey & Herbie

19:00 – 19:30

Cool Down

20:00

Dinner only for hotel guests

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POWER SKATING CAMP

AROSA 5.6 – 8.6.2027

Daily Programs – Tuesday, June 8, 2027

Tuesday, 8.6.2027

From 06:30

Breakfast only for hotel guests

Morning Training

08:15 – 08:45

Theory / Warm-Up

09:15 – 10:15

Skating Training with Andrey & Herbie

10:15 – 10:30

Ice Resurfacing

10:30 – 11:15

Skating Training with Andrey & Herbie

11:30 – 12:00

Cool Down

12:30

Lunch only for hotel guests

Afternoon Training

14:00 – 15:00

Skating Training with Andrey & Herbie

15:00 – 15:15

Ice Resurfacing

15:15 – 16:00

Match final

16:00

End of Camp

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