

HOCKEY

"For Junior Players Aged 13 and Older"

TOP POWER SKATING CAMP 10. – 13. JUNE 2027 Ice Rink Arosa

Top Coaching Team Herbie Schädler and Andrey Romanov, Skating Coach at BESA Hockey



The camp fee for the 4-day Power Skating Camp is CHF 950.--
Hotel & meals are not included in the camp fee

Registration Online ernst@sismhockey.com Tel: 078-645-7000



B.E.S.A SKATING CAMP

HOCKEY

POWER SKATING CAMP

AROSA 10.6 – 13.6.2027

Daily Programs – Wednesday/Thursday, June 9/10, 2027

Wednesday, 9.6.2027

From 18:00	Access to the ice rink locker room
From 20:00	Dinner only for hotel guests

Thursday, 10.6.2027

From 07:30	Breakfast only for hotel guests
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Morning Training

09:00 – 09:30	Welcome / Theory / Warm-Up
10:00 – 11:00	Skating Training with Andrey & Herbie
11:00 – 11:15	Ice Resurfacing
11:15 – 12:00	Skating Training with Andrey & Herbie
12:15 – 12:45	Cool Down
13:15	Lunch only for hotel guests

Afternoon Training

15:45 – 16:15	Warm-Up
16:45 – 17:45	Skating Training with Andrey & Herbie
17:45 – 18:00	Ice Resurfacing
18:00 – 18:45	Skating Training with Andrey & Herbie
19:00 – 19:30	Cool Down
20:00	Dinner only for hotel guests

MORE INFO:
SISM HOCKEY
www.sismhockey.com
ernst@sismhockey.com



SIHF Certified
Since 2016



B.E.S.A SKATING CAMP

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POWER SKATING CAMP

AROSA 10.6 – 13.6.2027

Daily Programs – Friday, June 11, 2027

Friday, 11.6.2027

From 07:30

Breakfast only for hotel guests

Morning Training

09:00 – 09:30

Theory / Warm-Up

10:00 – 11:00

Skating Training with Andrey & Herbie

11:00 – 11:15

Ice Resurfacing

11:15 – 12:00

Skating Training with Andrey & Herbie

12:15 – 12:45

Cool Down

13:15

Lunch only for hotel guests

Afternoon Training

15:45 – 16:15

Warm-Up

16:45 – 17:45

Skating Training with Andrey & Herbie

17:45 – 18:00

Ice Resurfacing

18:00 – 18:45

Skating Training with Andrey & Herbie

19:00 – 19:30

Cool Down

20:00

Dinner only for hotel guests

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POWER SKATING CAMP

AROSA 10.6 – 13.6.2027

Daily Programs – Saturday, June 12, 2027

Saturday, 12.6.2027

From 06:30

Breakfast only for hotel guests

Morning Training

07:00 – 07:30

Theory / Warm-Up

07:45 – 09:00

COMPEX -CHL/NHL On-Ice Testing

09:00 – 09:45

Skating Training with Andrey & Herbie

10:00 – 10:30

Cool Down

11:00

Lunch only for hotel guests

Afternoon Training

13:30 – 14:00

Warm-Up

14:30 – 15:30

Skating Training with Andrey & Herbie

15:30 – 15:45

Ice Resurfacing

15:45 – 16:30

Skating Training with Andrey & Herbie

16:45 – 17:15

Cool Down

19:00

Dinner only for hotel guests

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POWER SKATING CAMP

AROSA 10.6 – 13.6.2027

Daily Programs – Sunday, June 13, 2027

Sunday, 13.6.2027

From 06:00

Breakfast only for hotel guests

Morning Training

07:00 – 07:30

Theory / Warm-Up

07:45 – 08:45

Skating Training with Andrey & Herbie

08:45 – 09:00

Ice Resurfacing

09:00 – 09:45

Skating Training with Andrey & Herbie

10:00 – 10:30

Cool Down

11:30

Lunch only for hotel guests

Afternoon Training

14:30 – 15:30

Skating Training with Andrey & Herbie

15:30 – 15:45

Ice Resurfacing

15:45 – 16:30

Match final

16:30

End of Camp

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