

Friday 25 September 2026

# The Starbulls Youth Development Under the Microscope

**Young ice hockey players from Rosenheim take part in On-Ice Testing – providing valuable guidance for training**



The young Starbulls players during the On-Ice Testing.  
Photo: Starbulls Rosenheim

**Rosenheim** – As part of the continuous development of its youth program, the players of the Starbulls Rosenheim completed extensive On-Ice Testing. From U11 through U20, a wide range of performance data was collected to enable an even more targeted assessment of each player's individual development in the future.

The testing was carried out in cooperation with SISM Hockey. The main focus was the objective measurement of various hockey-specific performance parameters. The collected data provides players and coaches with a detailed overview of their current performance level and offers valuable guidance for future training.

A particular advantage is the extensive database available for the analysis. This allows the results to be evaluated not only within the respective age groups. Players can also compare their individual results with a large amount of reference data and assess their performance in an international context.

For the Starbulls youth program, the long-term development of the players remains the primary focus. The collected data is intended to make changes and progress measurable over a longer period of time. A second On-Ice Testing session is therefore expected to take place toward the end of the current season. Comparing the two sets of test results will show how the individual players have developed over the course of the season and identify areas where further development potential exists.

**Original article (ID 2592852) published on September 25, 2026 in the following editions:** Mühldorfer Anzeiger (p. 28), Wasserburger Zeitung (p. 28), Mangfall-Bote (p. 28), Chiemgau-Zeitung (p. 28), Oberbayerisches Volksblatt (p. 28), Waldkraiburger Nachrichten (p. 28), and Neumarkter Anzeiger (p. 28).

*English translation of the original German-language article..*