



# News



THIRTEEN EDITION

POWER SKATING CAMPS



## COMPEX ON-ICE TESTING AROSA

# BIG NEWS

Since 2021, COMPEX has been a partner of SISM Hockey for the Arosa Power Skating Camp. In this intense skating camp, paying great attention to recovery is essential. That's why COMPEX sets up the Recovery Zone in Arosa.

The best players in the respective tests of the year 2023 will each receive a valuable Complex device from the Company.



Complex specializes in electrical muscle stimulation (EMS) for athletic performance and recovery. In the Arosa Complex Recover Zone, recovery after training is accelerated by stimulating the muscles with targeted electrical impulses. The stimulation helps to increase blood circulation, aiding in fast recovery.

In the Benchmark On-Ice testing, players are compared to top-notch stars from the NHL. After the test, players will understand their strengths, weaknesses, and overall talent level. The best player in each test will be awarded a valuable unique Complex device for fast recovery worth several hundred Swiss Francs.